



NEWS RELEASE



FOR IMMEDIATE RELEASE DATE: August 23, 2017	Contact: Tracy Styka
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Mahoning County District Board of Health is offering the Diabetes Empowerment Education Program (DEEP)

DEEP is for individuals with type 1 or type 2 diabetes, or pre-diabetes seeking information and motivation for better health. DEEP encourages small lifestyle changes while learning about diabetes and the way it affects health. The program is a series of interactive small group workshops that takes place once a week on Wednesdays for 6 consecutive weeks. The program begins Wednesday, September 13 from 5:30 PM to 7:30 PM at the Mahoning County District Board of Health in Austintown.

The program is offered free of charge. Call 330-270-2855 ext. 109 for more information or to register.

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