

# NEWS RELEASE

<b>FOR IMMEDIATE RELEASE</b> <b>DATE:</b> October 31, 2018	<b>Contact:</b> Erica Horner
	<b>Title:</b> Director of Nursing and Community Health
	<b>Phone:</b> (330) 270-2855, ext. 128
	<b>Email:</b> ehorner@mahoninghealth.org

The Mahoning County District Board of Health will be holding flu shot clinics at various locations throughout the county.

## Who should receive a flu shot based on the Centers for Disease Control's (CDC) recommendations?

- Everyone 6 months of age and older should get a flu vaccine every season
- People at High Risk of Developing Flu-Related Complications:
  - Children ages 6 months to 2 years old
  - Adults 65 years of age and older
  - Pregnant women and women up to 2 weeks postpartum
  - Residents of nursing homes and other long-term care facilities
  - Chronic medical conditions such as asthma, COPD, cystic fibrosis, heart disease, blood disorders, diabetes, kidney, liver, or endocrine disorders, weakened immune systems due to diseases such as cancer, HIV or AIDS, or medications such as chronic steroid use or long-term aspirin use in people younger than 19 years of age

## How to obtain a flu shot at a Mahoning County District Board of Health clinic?

- Just walk in, no appointment is necessary
- We bill insurance - Bring insurance cards, driver's license, Medicaid and Medicare cards so the cost of the vaccine can be billed; most private insurances are accepted. **With proof of insurance the flu vaccine is free.**
- The Mahoning County District Board of Health is a Vaccines for Children Program Provider and will have limited opportunities for children that are uninsured to receive the vaccine free of charge.
- **Available flu vaccines**
  - Ages 6 months and up - Quadrivalent (4 flu virus strains)
  - Ages 65 years and older -High dose trivalent (3 flu virus strains)



## 2018 Mahoning County District Board of Health Weekly Flu Shot Clinic Schedule

<b>Date</b>	<b>Time</b>	<b>Clinic Site and Address</b>
Monday, November 5	9:00AM-5:00PM	Mahoning County District Board of Health Main Office 50 Westchester Drive Youngstown, Ohio 44515

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50 Westchester Drive, Youngstown, Ohio 44515  
Phone: 330-270-2855 or Toll-Free: 1-800-873-MCHD  
[www.mahoninghealth.org](http://www.mahoninghealth.org)

