

**December 2018 Report Card:
Progress toward
Mahoning County 2014 Community Health Improvement Plan Goals**

KEY	
	Goal Met
	No Change
	Making Progress Toward Goal
	Goal Not Met
	Moving Away from Goal
	Data Not Available

PRIORITY ONE: Healthy Eating/Active Living

GOAL:	Increase the number of adults and children regularly engaged in healthy eating and active living	2014 Baseline	Goal	2018 CHA
Indicators	Adults not Eating 5 Servings of Fruits or Vegetables / day ¹	74.1%	70.4%	57.1%
	WIC Breastfeeding Rates ³	53.4%	60%	54.2%
	Minutes / Week Children Active in School ¹⁷	n/a	157.8	N/A
	Mercy Health Breastfeeding Initiation Rates ⁸	75%	90%	79%
	Mercy Health Exclusive Breastfeeding Rates ⁸	38.8%	54%	41%
	Adult Obesity ²	28%	26.8%	30%
	Adults Who are Physically Inactive ²	27.9%	25%	28%

PRIORITY TWO: Infant Mortality and Birth Outcome Inequity

GOAL:	Infant mortality in Mahoning County will met national goals and the disparity between black and white birth outcomes will be eliminated.	2014 Baseline	Goal	2018 CHA
Indicators	Births with First Trimester Prenatal Care ⁶	69.1%	72.6%	76.8%
	Progesterone Education ⁴	50%	95%	99%
	Number of Fetal and Infant Mortality Review Recommendations ⁵	n/a	n/a	27
	Low Education Infant Mortality Rate/ 1,000 Live Births ⁶	10.25	9.3	6.2
	Infant Mortality Rate/1,000 Live Births, Deliveries Paid by Medicaid ⁶	10.75	9.67	9.4
	Number of Deaths Due to Unsafe Sleep Environment ⁷	4	2	0
	Low Birth Weight ⁶	9.9%	7.9%	10.2%
	Pre-Term Births ⁶	13.1%	11.8%	12.8%
	<18 Month Inter-Conception Spacing ⁶	30%	28%	34.4%
	Tobacco Use During Pregnancy ⁶	21.7%	20.5%	21.8%

PRIORITY THREE: Chronic Disease

GOAL:	Fewer residents of Mahoning County will be diagnosed with diabetes and those with diabetes currently will experience reduced morbidity	2014 Baseline	Goal	2018 CHA
Indicators	YMCA Diabetes Prevention Program Participants ¹⁰	0	45	10
	Mercy Health Primary Care Practices Meeting Primary Care ^{6 12}	n/a	70%	76.3%
	Adult Smoking ²	22%	20%	22%
	Diabetic HbA1c Monitoring ²	84%	88%	84%
	Tobacco Cessation Program Enrollees ¹³	439	475	315
	YMCA Diabetes Prevention Program Evaluation ¹⁰	0	75%	62.5%
	Incidence of Diabetes / 1,000 Adults ⁹	11.8	11.2	N/A

PRIORITY FOUR: Substance Use Disorders (Heroin and Opiates)

GOAL:	Decrease deaths from Substance Use Disorders	2014 Baseline	Goal	2018 CHA
	Prescription Drug Overdose Coalition Creation ⁷	0	1	1
	SBIRT Implementation ¹⁸	3	5	5
	Access to Medical Detox ¹⁸	0	1	completed
	School Systems Using Evidence Based Prevention Programs ¹¹	0	35%	28.6%

	Drug Poisoning Deaths ¹⁹	94	90	117*
	Students Reporting Prescription Opiates/Heroin Use ¹⁵	6.0/3.5%	2.5/1.0%	4.8/3.1%
	Naloxone Prescriptions ¹⁶	0	400	488
	Newborns with Neonatal Abstinence Syndrome ⁷	n/a	n/a	incomplete
	Opiate Prescription Per Capita ¹⁴	66	60	56.6

PRIORITY FIVE: Health Inequities

GOAL:	Reduce Racial and Ethnic Health Outcome Disparities	2014 Baseline	Goal	2018 CHA
	Foundations Prioritize Funding ⁷	0	4	4
	Individuals Trained in Cultural Competency ⁷	0	50	143
	Rate of Completion of Dialogue on Racism Action Plan ⁷	0	60%	75%
	Formal Linkages Created ⁷	0	2	0

Data Sources:

¹ Mahoning County District Board of Health (MCDBOH)/Nursing & Community Health Division, Canfield Fair Survey, 2018

² County Health Rankings, www.countyhealthrankings.org, 2018

³ MCDBOH/WIC Program, 2018

⁴ Akron Children's Hospital Mahoning Valley, Pediatrics, 2018

⁵ MCDBOH, Mahoning County FIMR, 2018

⁶ MCDBOH/Nursing and Community Health Division, Ohio Department of Health Birth Data, 2017

⁷ MCDBOH/Nursing & Community Health Division, 2018

⁸ Mercy Health - St. Elizabeth Boardman Hospital – 2018

⁹ Centers for Disease Control and Prevention <https://www.cdc.gov/diabetes/atlas/countydata/atlas.html>, 2013

¹⁰ YMCA of Youngstown/Diabetes Prevention Program, 2018 only

¹¹ Mahoning County Mental Health and Recovery Board - 2018

¹² Mercy Health/Community Health Division - 2018

¹³ Mercy Health Regional Tobacco Cessation Program –2018 only

¹⁴ Ohio Automated Rx Report System, www.ohiopmp.gov, 2017

¹⁵ Coalition for a Drug Free Mahoning County/PEP Survey, www.drugfreemahoningcounty.org/Data.html, 2018

¹⁶ MCDBOH/Project DAWN and Meridian Services, 2018 only

¹⁷ MCDBOH/Nursing and Community Health Division, School Based Physical Activity Survey, 2016

¹⁸ Mercy Health Ambulatory Addiction Services/ Behavioral Health Institute, 2018

¹⁹ Mahoning County Coroner's report January 3, 2019. 2018 data: 99 confirmed 18 pending = total of 117. 2016 = 94, 2017 = 112

For additional information about the Mahoning County Community Health Improvement Plan or the indicators, please contact Tracy Styka, Mahoning County District Board of Health, at tstyka@mahoninghealth.org, (330)-270-2855 ext. 109.